

IF I HAD MY WAY

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RECORD: CD of available on internet, New Stanton Band CD ACD 5565 Track 10.

FOOTWORK: Opposite.

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SEQUENCE: INT, A, B, A, B(1-15), ENDING *

PHASE: V FOXTROT.

TIMING: SQQ unless otherwise noted.

Dtd 9/1/12

INTRO

1.2 WAIT 2 CP DW WGT ON M'S L & W'S R::

CP DW wgt on M's L & W's R WAIT 2;;

PART A

1.4 RIGHT LUNGE REC SLIP; OPEN TEL; 2 OPEN IN & OUT RUNS::

- 1 Stp sd & fwd on R with relaxed knee & L sd stretch(hds R),-, rec L comm. LF body turn, cont turn & slip R past L to fc DC in CP;
- 2 Fwd L comm. LF turn,-, sd R cont turn(W heel turn), sd & fwd L to SCP DW;
- 3 Release lead hnds fwd R comm. RF turn,-, sd & fwd L in front of W cont turn sd & fwd R to L half open with M's R & W's L hnds out to sd;
- 4 M fwd L,-, R, L short stps adj to W's action(W fwd R comm. RF turn,-, sd & fwd L in front of M cont turn, fwd & sd R) to SCP DC;

5.8 RUNNING OPEN NATL; BK CHASSE TO BJO; CURVED FEATH; OPEN IMPETUS;

- sq&q 5 Thru R comm. RF turn,-, sd & bk L xif of W/ bk R to contra bjo, bk L DC (W thru L comm. RF body turn,-, fwd R cont body turn/ fwd L, fwd R);
- sq&q 6 Bk R comm. LF turn,-, sd L/ cl R to L, sd L cont turn to fc DW in BJO;
- 7 Fwd R comm. RF turn,-, sd & fwd L, strong RF body turn fwd R on toe with thighs x in contra bjo fcg DRC with checking action;
- 8 Bk L turn RF,-, cl R to L cont turn(W fwd around M brush R to L), fwd L DC in SCP;

9-12 PROMENADE WEAVE;; HOVER TEL; OPEN NATL;

- 9 Thru R DC,-, fwd L turn LF(W swvl on R to fc M), sd & bk R twds DC;
- qqqq 10 Bk L, bk R blend to CP, sd & fwd L DW, fwd R to contra bjo DW;
- 11 Fwd L DW,-, sd & fwd R with R sd stretch rise & turn W to SCP, fwd L DW;
- 12 M fwd R turn RF,-, sd & bk L, bk R blend to contra bjo with R shoulder lead backing DW(W fwd L,-, R, L);

13.16 ZIG ZAG 4; OPEN IMP; FEATH; DOUBLE REV;

- qqqq 13 Bk L turn RF, sd R DW, xLif of R, sd R turn LF to fc DRC;
- 14 Repeat meas 8 in PART A;
- 15 Fwd R,-, fwd L, fwd R to contra bjo(W thru L turn LF,-, sd & bk R, bk L) fcg DC;
- (sq&q) 16 Fwd L turn LF,-, sd R DC spin LF on R, bring L to R & tch(W bk R turn LF,-, heel turn on R cl L to R/fwd R, swvl LF xLif of R), fcg DW in CP;

PART B

1-4 CONTRA CHK,-, REC, BK; FEATH FIN DC; TOP SPIN; CH OF DIR;

- 1 Fwd L across body with R sd lead R knee relaxed & head slightly to R,-, rec R, bk L sway slightly to L(W bk R well under body on toe with head to L,-, rec L, fwd R);
- 2 Bk R turn LF,-, sd & fwd L DC, fwd R to contra bjo with checking action;
- qqqq 3 Turn strong LF on R toe bk L, bk R blend to CP cont turn, sd & fwd L, fwd R to DW;
- ss 4 Fwd L DW turn LF,-, sd R DW draw L to R[no wgt] fc DC in CP,-;

5.8 REVERSE TURNS;; HOVER SCP; FEATH;

- 5.6 Fwd L comm. LF turn,-, sd R twds COH, bk L LOD(W heel turn); Bk R turn LF,-, sd & fwd L DW, fwd R to contra bjo DW;
- 7 Fwd L adj to CP,-, fwd & sd R[hover], brush L to R sd & fwd L DC in SCP;
- 8 Repeat meas 15 in PART A;

9-12 OPEN TEL; NATL FALLAWAY WEAWE;; WHISK;

- 9 Repeat meas 2 in PART A;
- 10 Fwd R,-, fwd L turn RF, bk R in fallaway pos backing DC;
- qqqq 11 Bk L in fallaway pos, bk R to CP(W slip LF), sd & fwd L, fwd R to contra bjo fcg DW;
- 12 Fwd,-, fwd & sd R comm. rise to ball of foot, xLib of R cont rise opening W to SCP fcg DC(W bk R,-, bk & sd L, xRib of L to SCP);

13.16 FEATH; CURVING 3 STP TO REV; FEATH FIN; 3 STP;

- 13 Repeat meas 15 in PART A;
- 14 Fwd L comm. LF turn,-, fwd R cont turn, fwd L xif of R to fc DRW with checking action(W turn hd R on 2nd stp);
- 15 Bk R turn LF,-, sd & fwd L DW with L shoulder lead, fwd R to contra bjo DW;
- 16 Fwd L blend to CP,-, fwd R, fwd L DW;*

ENDING

1 FWD,-, RIGHT LUNGE,-;*

- ss 1 Fwd L,-, sd & fwd R with relaxed knee & R sd stretch[M hd R W hd L] DW,-;

NOTE: Substitute ending for meas 16 in PART B the second time thru.*